 Narrative Sovereignty Toolkit Protecting your voice, your framing, and your authorship in the age of AI and institutional storytelling.

For: Creators • Advocates • Educators • Survivors • Thought Leaders

Access Profile:  Easy-Read |  VSL/AAC-Compatible |  Trauma-Informed

Status: In Development


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 Toolkit Syllabus (Visual-Symbolic Format)

MODULE 1: What Is Narrative Sovereignty?  - Understanding authorship vs content creation

- Why framing matters more than phrasing


- Surviving systems that distort your story

 Tools: Narrative control explainer • "Who's telling this story?" reflection sheet

MODULE 2: Naming the Risks of Narrative Extraction  - How AI, media, and institutions co-opt voice



- Preventing remixing, flattening, and decontextualising


- What consent *actually* means in storytelling


 Tools: Narrative extraction checklist • Co-authorship boundaries template

MODULE 3: Protecting Your Authorship in Practice  - Credit, citation, and digital self-defence

- Writing and speaking in ways that protect your meaning


-  Language firewalls and  style anchors


 Tools: Style anchor worksheet • Authorship claim template • Language firewall symbols

MODULE 4: Reclaiming the Frame  - Undoing institutional narratives imposed on you

- Responding to misrepresentation without re-traumatising

- Rebuilding meaning on your own terms

 Tools: Reframing template • Survival narrative worksheet

MODULE 5: Storying As Strategy  - Story as pressure, not just persuasion



- Building messaging that mobilises



- Storytelling for repair, resistance, and collective power



 Tools: Messaging map template • Tension & impact planner



Included in Every Module:

  Symbol-supported worksheets

  Visual planning and storytelling boards

  Editable templates for boundary-setting, scripting, and framing

  Trauma-informed narrative reflection prompts

  Co-authorship and collaboration supports